

Extended Diploma in Sport (Sports Coaching)



16-19

The first thing you'll notice about this course is that it's about both practical and theoretical learning – you'll be spending a lot of time outside the classroom doing practical sport and fitness in our on-campus sports hall, fully equipped gym and grass pitches. There are no exams at all; the course is a combination of practical and portfolio-based assessments.

At Duchy Stoke we have two pathways within the Level 3 qualification: football or fitness.

If you are interested in the football pathway; Duchy College Stoke has an amazing partnership in place with Plymouth Argyle FC. Students have the opportunity to enrol on a post 16 football development programme with high quality training delivered by Argyle staff twice a week and fixtures taking place most Wednesday afternoons, all of which go towards the evidence needed to complete your course, playing football actually is your college course. The Plymouth Argyle staff are on site for each day of the pathway, using their specialist industry expertise to support coach development and to improve individual player performance.

If you are interested in the fitness pathway: Duchy College Stoke have developed a new partnership with the state-of-the-art gym provision at The Zone in nearby Callington. You will travel to The Zone for some of your practical sessions where they have a combination of fitness equipment covering all aspects of fitness. In addition to the Duchy team having fitness industry experience and qualifications, the team at the Zone will be able to add their insight as you work on both your own physical fitness and learn how to coach in the fitness setting.

We have excellent links with local employers and sports clubs, providing amazing work experience and volunteering opportunities. Many of our As a Level 3 course, this diploma is all about you growing as a sports coach by effectively knowing how the body works, to successfully planning and delivering your very own sport coaching/fitness session. Our highly-skilled and motivated staff have a wealth of knowledge and experience in sport, health and fitness. They are there to give you the very best start to your career.

Whether you are interested in coaching, fitness training, leisure management or any one of the many exciting roles in the sector, then this is the course for you. This will be your stepping stone to a career in the sport, health and fitness



**Find out more and
apply online**



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industry!



Scan the QR Code for full course description, assessment and progression options from this course



ENTRY REQUIREMENTS

A minimum of four GCSEs at grade A* to C (9-4) (to include English and/or maths. Science and/or PE desirable). OR you will have successfully completed a relevant Level 2 programme (preferably at merit grade).



LOCATION & NEXT START DATE(S)

Duchy College Stoke Climsland - 8 September 2025
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LEVEL
Level 3

DURATION
2 Year

ATTENDANCE
Full-time

FEES
Tuition Fees: £2882.00
FREE for school leavers*

Fees apply to adults and HE students only. Only the most common fees scenario is shown. Actual fees may vary depending on your personal situation. Please contact us for further information. Courses listed on this website are indicative of the subject, nature and level of study. The College reserves the right to alter specific qualifications titles, awarding bodies and levels of qualification, which can change in year. Any cost may also vary, based on personal funding eligibility. The Cornwall College Group reserves the right to withdraw any course listed at any time.



Explore Our Courses & Apprenticeships

Join us for a campus tour, meet our dedicated team, and get all your questions answered. Scan the QR code to register for our next Open Event or Taster Day.



Find out more and
apply online

